

Rewire Your Brain And Daily Habits With The Most Scientifically Advanced Goal Setting System



"The potential of the average person is like a huge ocean un-sailed, a new continent unexplored, a world of possibilities waiting to be released and channeled toward some great good."

- Brian Tracy

The 90-Day Success Planner

High performers set goals in a simple yet powerful way.

Have you ever set goals in the past? Most of us have, and if we are honest with ourselves, we probably didn't accomplish what we had set out to.

Goal setting should simple. The challenge is staying accountability to your high performance goals. That's why we created this community! Research shows that being accountable to an uplifting and encouraging community transforms desired outcomes.

The 90-day goal setting cycle creates an immense amount of moment from month to month. However, it's essential we don't create unrealistic expectations for ourselves.

"We greatly overestimate what we can accomplish in one year. But we greatly underestimate what we can accomplish in three years."

- Peter Drucker

Peter is arguably one of the worlds greatest thought leaders on business systems and executive success.

He's right! If you try to do too much too quickly, if you overwhelm yourself with too many goals you will collapse. Your "will power" bucket can only last for so long...

But when we focus on incremental growth over 90-day cycles, in three years from now, you may be in an entirely new stratosphere like I am every 3 years when I look back.

So here is the "goal setting formula" that most people have never seen before.

AS + Pt + S + Fp + S.M.A.R.T = Success

AS = Assume success
Pt = Positive tense
S = Short
Fp = First person
S.M.A.R.T. = Specific, Measurable, Actionable, Realistic, Timed

Lets put this together in a specific example that I wrote down 90 days ago:

"I've successfully launched the HPU with 50 tribe members by December 31st 2014."

Lastly, Steven Covey shows in his recent book, "The 4 D's of Execution" that it's important to only focus on one, max two big goals in a 90 day cycle.

You can have other goals leading to that one big goal, but if we saturate ourselves with goals, the research shows we will most likely not accomplish any of them.

We believe in you! Lets Begin.

NOTE: To save trees and ink, please only print off page 4 of this document.



Name:

The 90-Day Success Planner	From:	
----------------------------	-------	--

To:

Date:

Your Top One or Two 90-Day Goals Are			
First	Second		

Biggest Obstacles		
First		
Second		

Biggest Solutions		
First		
Second		

Your Top One or Two 90-Day Sub Goals		
#	First	Second
1		
2		
3		
4		
5		
6		
7		

"Have you built your castles in the air? Good. That is where they should be built. Now, go to work and build foundations under them." Henry David Thoreau

"The only thing that stands between a man and what he wants from life Soften merely the will to ry it and the faith to believe that it is possible." - Richard M. DeVos